## Guidelines

For Operationalising
First Referral
Units

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Maternal Health Division
Department of Family Welfare Ministry of Health \& Family Welfare

Government of India

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Reduction in maternal mortality rate is the stated goal for National Population Policy, National Health Policy and Tenth Five Year Plan and is also one of the Millennium Development Goals (MDG) to which the country is a signatory and has to respond.
Maternal mortality in India continues to remain unacceptably high. Historical evidence at the global level has demonstrated that it is possible to bring down maternal mortality effectively if a package of obstetric services is provided within reach of the communities and the families. It is in this context that efforts were initiated in 1992 with the implementation of the Child Survival and Safe Motherhood (CSSM) Programme for upgrading the existing community health centers and sub-district hospitals into First Referral Units (FRUs), to be equipped for providing delivery of emergency obstetric care to pregnant women with complications. Over the years, a number of steps have been taken under the Reproductive and Child Health (RCH) Programme for facilitating the operationalisation of these FRUs. These have included funds for operationalising Operation Theatre (OTs) and Labour Rooms (LRs), supply of equipment kits, supply of drug kits containing emergency obstetric care drugs and funds for hiring of Anaesthetists from private sector. Drugs and Cosmetics Rules have also been amended to enable setting up of Blood Storage Units in the institutions designated as First Referral Units (FRUs). Despite all these efforts, not many FRUs identified by the State Governments have become fully operational for provision of 24-hours Emergency Obstetric and Child Health care services.
The Maternal Mortality Rate (MMR) at the National level continues to be above 400 per 100,000 live births. The MMR in many major states particularly those, which are part of the Empowered Action Group (EAG), is much above the National average. This situation is a major cause of concern and it is imperative that focused efforts have to be made for making the First Referral Units fully operational, in case we have to meet the National objective of bringing down the MMR to less than 100 by the year 2010.
Under the forthcoming Reproductive and Child Health Programme, Phase II, efforts have to be made for operationalising 2000 FRUs in a phased manner. The guidelines on operationalisation of FRUs have been prepared to assist the states to plan for operationalising of the FRUs. Proper planning at this stage will also help the states in determining the type and quantum of assistance required by them for different inputs while planning for the implementation of RCH-II. The guidelines are basically suggestive in nature and the states can take suitable initiatives while planning for various activities towards operationalisation of these FRUs identified by them. Funding for these activities will be under RCH-II and would accordingly be subject to the norms for such funding and details of accountability as would be prescribed under the RCH-II.
I would like to acknowledge the efforts put by the Maternal Health Division of this Department in preparing the guidelines. I am sure this effort will go a long way not only in planning and operationalising of FRUs, but also in ensuring uniform and good quality obstetric services at these First Referral Units (FRUs).

(P. Hota)
Secretary (FW)

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## Acknowledgements

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Operationalisation of First Referral Units (FRUs) is an important component of the Reproductive and Child Health (RCH) Programme. It is hoped that the guidelines will help the States in planning for operationalising the FRUs for strengthening Emergency Obstetric and Child Health care at the First Referral units.

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## Introduction

### 1.1 Historical background

1.1.1 It is estimated that for every 100,000 live births, 407 pregnant women die every year in India due to causes related to pregnancy and childbirth. The major causes of these deaths have been identified as Anaemia, Haemorrhage (both Ante and Post-Partum), Toxemia (Hypertension during pregnancy), Obstructed Labour, Puerperal Sepsis (Infections affer delivery) and unsafe Abortions. Over the years, efforts to reduce Maternal Mortality and Morbidity have included providing family planning services, improving essential obstetric care including Ante-natal Care, Safe/Institutional Deliveries, Prophylaxis and treatment of Anaemia and Post-natal Care and Emergency Obstetric Care.
1.1.2 Complications associated with pregnancies are not always predictable. Therefore, provision of Emergency Obstetric Care as close to the community as possible was taken up under the Child Survival and Safe Motherhood (CSSM) Programme by setting up First Referral Units (FRUs) at the community health centers/sub-district level hospitals. Central assistance was provided to 1724 FRUs identified by the States (see Annex I), in the form of 12 types of equipment kits which were considered necessary for carrying out Laporotomies, Caesarean Sections and other surgical interventions for Emergency Obstetric Care and New-born Care. However, most of the identified FRUs could not become fully operational due to:
(i) Lack of provision of emergency drugs
(ii) Inadequate infrastructure in terms of Operation Theatre and Labour Rooms
(iii) Non- availability of blood banking facilities, and
(iv) Lack of skilled manpower, particularly Anaesthetists and Gynaecologists
1.1.3 Under the RCH programme, provision has been made for supply of drug kits to the FRUs in the form of Emergency Obstetric Drug kits containing 65 items of drugs @ 3 Kits in ' C ' Category Districts and 2 Kits in each of the 'B' Category Districts in the states. The States have also been provided assistance for civil works to upgrade the infrastructure for Operation Theatres and Labour Rooms.
1.1.4 Drugs and Cosmetics Rules have been amended and now it is possible to set up blood storage centers at the sub-district level health facilities identified as FRUs. Guidelines for setting up blood storage facilifies at FRUs have been prepared by a group of experts and circulated separately (see Annex-II for key provisions of the guidelines).
1.1.5 The experience indicates that lack of specialist/trained providers (Anaesthetists and Gynaecologists) is perhaps the single most important cause for inadequacy in provision of emergency care in Government hospitals particularly in rural areas. In order to improve availability of Anaesthetists, provision was made in the RCH Programme for hiring the services of private Anaesthetists for conducting emergency operations at a payment of Rs. 1000/- per case. However, the expenditure reports indicate that the State Governments have not been able to use the financial assistance made for this purpose which may be due to many factors, including non-availability of such specialists even in the private sector.

### 1.2 Tenth Plan: Recommended approach

1.2.1 The working group on health care for women and children for Tenth Five Year Plan have identified establishment of fully functional and operational FRUs as the priority area for the provision of Emergency Obstetric and New-born Care. The group has recommended as under:
"It is imperative that the existing infrastructure and specialist manpower at FRUs/CHCs is looked into critically and re-organized, and mis-matches between infrastructure and manpower corrected. At the first instance it would be desirable to ensure provision of quality Emergency Care Services at least at the district hospital and sub-district hospital followed by FRUs/CHCs. Thus, developing some FRUs in a district by ensuring that they have the required number of specialists in position or have access to the services of specialists on call, would be a preferred option rather than having a number of FRUs which may not be providing full range of services. The information on location of such emergency services/FRUs will be made available to all villages in the area so that the population knows where they should reach for getting appropriate emergency care. The provision of emergency care has also to be supported by appropriate referral services from sub-centers to PHCs and from PHCs to the functioning First Referral Units providing emergency services."
1.2.2 In view of the foregoing, it is considered imperative that the States look at the existing facilities and identify clearly their requirements for putting into place fully functional FRUs. It is envisaged that by the end of the Tenth Five Year Plan, each district should have at least 3-4 fully functional facilities which are equipped to provide the full range of Emergency Obstetric and New-born Care on a round-the-clock basis.
1.2.3 To realize the above objective, an exercise will need to be undertaken for mapping the existing health facilities, available manpower and other resources for each district. This exercise will facilitate proper placement of the available resources and at the same time will bring out additional requirements in terms of training, equipment and infrastructure required for operationalising the identified $\mathrm{CHCs} /$ sub-district hospitals as FRUs. To facilitate this exercise, formats have been designed and are given in Annex III \{Formats I, II \& III\}. Based on this exercise, it should be possible to draw the district-wise action plans for operationalising FRUs in a phased manner. Consolidation of the district plans at the state level will thus bring out the overall requirements of the State in various areas, like infrastructure, equipment, manpower and training needs for operationalising FRUs during the Tenth Plan.
1.2.4 The guidelines below are an attempt to facilitate the planning exercise by the States and also take into account the recommendations of the National workshop organized in 1999 for operationalisation of FRUs, in which all the States, donor agencies, experts and programme officers of the Department of Family Welfare participated.
1.2.5 The suggestions/recommendations made below also draw upon two consultative meetings with the States and experts held in connection with the proposed second phase of the RCH programme.

## Critical determinants of a First Referral Unit

### 2.1 Recommended service package

2.1.1 An existing facility (district hospital, sub-divisional hospital, community health centre etc.) can be declared a fully operational First Referral Unit (FRU) only if it is equipped to
provide round-the-clock services for Emergency Obstetric and New-born Care, in addition to all emergencies that any hospital is required to provide (Box-1).

## Box-1: Minimum services to be provided by a fully functional FRU

- 24-hour delivery services including normal and assisted deliveries
- Emergency Obstetric Care including surgical interventions like Caesarean Sections(*) and other medical interventions
- New-born Care(*)
- Emergency Care of sick children
- Full range of family planning services including Laproscopic Services
- Safe Abortion Services
- Treatment of STI / RTI
- Blood Storage Facility (*)
- Essential Laboratory Services
- Referral (transport) Services
$\left(^{*}\right)$ : Critical determinants of functionality
2.1.2 It should be noted that there are three critical determinants of a facility being 'declared' as a FRU: availability of Surgical Interventions, New-born Care and Blood Storage Facility on a 24 -hour basis.
2.1.3 The planning effort in relation to operationalising the FRUs, therefore, has to focus on carefully selecting such existing CHW/Sub-district hospitals which can be quickly equipped to handle all obstetric emergencies including those requiring surgical interventions like the Caesarean Section.
2.1.4 It may also be noted that the above critical interventions may currently not be available even in some district headquarter hospitals, particularly in the newly created districts in the EAG States. Therefore, the operationalisation effort must be carefully sequenced, and should start by making the district hospital fully operational as a First Referral Unit.
2.1.5 Given the scarcity of resources, particularly the specialists, even the best endowed States have carefully avoided a normative approach (e.g. of declaring all CHCs as FRUs). For example, Maharashtra carried out a detailed assessment exercise covering all CHCs which revealed that it would not be feasible to provide the 24 -hour surgical interventions at all CHCs. The State, therefore, selected 3-4 CHCs in every district for provision of FRU services. For the remaining CHCs , the service package has been defined at a lower level of competence.


## Points to be considered while selecting the facility

## Points to be considered while selecting sites for opertionalising FRU services

### 3.1 Infrastructure needs

3.1.1 To be able to perform the full range of FRU functions, a health facility must have the following physical infrastructure:

This may call for selecting a smaller facility in preference to some otherwise 'larger' facilities. For example a brand new CHC may have to be isnored because it may be too close to the district headquarter or it may be difficult to retain its manpower because of its location

- A minimum bed strength of 20-30. However, in difficult areas as the North-East States and the under-served areas in the EAG States, this could be relaxed to 10-12 beds initially.
- A fully functional operation theatre equipped for undertaking anaesthetic and emergency surgical procedures including Caesarean Sections and Laporotomies.
- A fully operational Labour Room.
- An area earmarked and equipped for New-born Care in the Labour Room and also in the ward.
- A functional laboratory with facilities for all essential investigations
- Blood storage facility as per the guidelines issued by Govt. of India (Gol).
- 24-hour water supply.
- Arrangements for waste disposal.
- Regular electricity supply with back-up arrangements to ensure uninterrupted supply to the operation theatre and labour room, cold chain and blood storage facility.
- Telephone connection.
- Ambulance (owned or arranged through local hiring).


### 3.2 Selection of sites

3.2.1 Under the RCH Programme funds were provided for civil works related to operationalisation of operation theatre, labour rooms and provision of regular water supply etc. at the CHCs and district hospitals. Similarly, civil works have been undertaken at many sub-district facilities as part of the Health Systems Projects in the concerned States. It is expected, therefore, that the physical infrastructure is already in place in many sub-district health facilities in every district. This should be taken into account while carrying out the selection process.
3.2.2. However, situations could arise where the previous investments for infrastructure strengthening may not have been made in facilities which are otherwise optimally located and are more likely to attract specialised manpower than the facilities which were not taken up for such strengthening. For example, investments made to upgrade a CHC located within a few kilometers of the district hospital may not lead to much improvement in the availability of emergency services because (a) the people are likely to by pass it and go to the district hospital and (b) the staff posted at such facility would tend to stay in the district headquarter.
3.2.3 The objective of ensuring proper selection should be to develop a network of 3-4 facilities in the district in such a way that these together with the district hospital can ensure that all emergency cases in the district can access the nearest facility within a maximum travel time of 1 hour.

## Equipment: Review past receipts

4.1 Twelve types of equipment kits (Kit-E to Kit-P) were designed under the CSSM programme (See Box-2 below) and supplied to the States. Detailed facility surveys carried out in some places have indicated that substantial part of these supplies may still be lying unused in some CHCs which do not have the requisite physical infrastructure and/or the necessary human resources for utilizing the equipment. Some equipment for blood storage have also been supplied under the Aids Control Programme by NACO to a number of subdistrict facilities. Similarly, States covered under the Health Systems Projects have also procured and supplied equipment for the district and sub-district level facilities

Sox-2: Equipment kits supplied under CSSM Programme

## Kit-E: Standard Surgical Set-I (instruments) FRU

Kit-F: CHC Standard Surgical Set-II

## Kit-G: IUD Insertion Kit

Kit-H: CHC Standard Surgical Set-III
Kit-I: Normal Delivery Kit
Kit-J: Standard Surgical Set IV
Kit-K: Standard Surgical Set-V
Kit-L: Standard Surgical Set VI
Kit-M: Equipment for Anaesthesia
Kit-N: Equipment for Neo-natal Resuscitation
Kit-O: Equipment for Laboratory Tests and Blood Transfusion
Kit-P: Materials Kit for Blood Transfusion
4.2 It is clear that an assessment needs to be carried out as part of the process of operationalising FRUs so that the equipment already available in a given district can be taken into account while determining the requirement of equipment. A stock taking at the district level will thus be a necessary exercise and will facilitate shifting of the equipment lying un-utilized at some facilities to those facilities where these may be required. Details of the various equipment kits is in Annexure IV.

## Human resources: Re-deployment and multi-skilling

### 5.1 Policy options for human resource management

5.1.1 The community health center was envisaged to be a fully functional FRU (defined to mean a facility providing full range of FRU services including C -section, along with facilities for handling other medical emergencies) and, accordingly, a minimum strength of 4 medical officers (who are either qualified or especially trained to work as surgeon, obstetrician, physician and pediatrician) was recommended. Facilities selected for operationalising FRU services should, therefore, aim to provide a similar or increased strength of medical personnel. In addition, adequate number of nursing staff to work in Operation Theatre, Labour Room and In-patient wards will also need to be carefully determined

### 5.2 Re-deployment \& multi-skilling

5.2.1 Re-deployment of the resources existing within the districts is one of the important step. This has been gainfully done in West Bengal. Based on a review, the State Government of West Bengal announced an infrastructure rationalization and manpower redeployment policy with a view to improve institutional care in the State. The key features of the policy announcement are as follows:

- Strengthening of Block PHCs (BPHCs) and PHCs will be done in a need based manner after actual assessment for each individual institution. This would include rehabilitation of the buildings, provision of new equipment as well as posting of additional manpower.
- All the block PHCs shall have minimum 30 indoor beds with complete facilities for institutional delivery and usual indoor treatment care.
- Efforts will be made to provide same facilities in the BPHCs as are available in rural
hospitals (Community Health Centres as per Gol nomenclature)
- Well-functioning PHCs running with indoor facilities will be identified and their infrastructure strengthened.
- The existing manpower position of the BPHCs and PHCs (which are well functioning) will be strengthened by withdrawing and posting of manpower from PHCs that are providing only OPD services.
- All the staff of PHCs that are providing only outdoor services shall be withdrawn and re-deployed in BPHCs and PHCs running with indoor. Manning of OPD of these PHCs shall be done from the BPHCs by deployment of manpower for required work on rotation basis.
5.2.2 Provision of other support services like blood storage, Laboratory services, pharmacy services should be planned primarily on the basis of multi-skilling and re-deployment of available paramedical staff.
5.2.3 After selection of the facilities to be operationalised as FRUs and assessment of available manpower and other resources has been completed, it would be necessary to re-deploy the specialists and other manpower to the facilities designated as FRUs. The State Government has to steer this process since the process may also require inter-district redeployment.
5.2.4 Considering the general lack of specialists particularly that of anaesthetists, it is imperative to train the MBBS doctors in life saving anaesthetic skills for emergency obstetric care. A training programme on this has been designed for this purpose and a pilot course already implemented by officers of Chhattisgarh. The course module for the training, to be organized in selected medical colleges, is in the process of being finalized and will be shared with States as soon as they are available.
5.2.5 Similar training programme is being designed by the Federation of Obstetrical and Gynaecological Societies of India (FOGSI) to train the MBBS doctors for management of obstetric emergencies (including C -section) and New-born Care. This training programme is also likely to be available shortly.
5.2.6 Multi-skilling training of paramedical workers will also be necessary in the critical area of Obstetric Care, New-born Care and Blood Storage and Laboratory Services.


## Referral transport

6.1 Since most of the referrals originate from the field, the information on availability of emergency services at FRUs will have to be effectively disseminated to all villages in the area so that the population knows where they should reach for getting appropriate emergency care.
6.2 The provision of emergency care has to be supported by (i) appropriate referral transport from the periphery to the functioning First Referral Units providing emergency services and (ii) also from FRUs to district/tertiary level institutions. State Government will have to develop administrative mechanisms to facilitate transportation of patients from the field to the FRU on the one hand and from the FRU to higher facilities (district hospital and/or tertiary care facility), if required, on the other.
6.3 Providing Government procured vehicles should not be seen as the only option for referral transport/linkage. The option of providing funds to the facility in-charges, together with administrative and financial powers to make local arrangements is a recommended option.

Functional/financial autonomy
7.1 FRU operationalisation is not just about more equipment and funds; it is about empowering the facilities to respond to emergencies. Therefore, once an FRU becomes operational, State Government will have to ensure that there is no disruption in the services due to lack/absence of staff and/or minor requirement of funds.
7.2 In other words, State Government will have to formulate appropriate guidelines for providing some functional and financial autonomy (e.g. retention of user charges, if any) for the hospitals to enable them to:
(a) Hire locally available specialists and/or paramedical workers from the private/ NGO sector in case of need
(b) Make local arrangements for referral transport
(c) Generate resources locally and
(d) Out-source non-clinical services.
7.3 Community participation in the management of facilities should be explicitly built into the operational guidelines and inputs for this can be drawn from a number of States which have introduced these (e.g. Rogi Kalyan Samiti in MP, Medical Relief Society in Rajasthan, Hospital Kalyan Samiti in Assam, Himachal Pradesh and Hayrana and Chikitsa Sudhar Samitis in Uttaranchal).
7.4 The State Government will also have to:

- Formulate appropriate guidelines to enable the District Health Officers / Chief Medical Officers to identify and re-deploy specialists and paramedical staff within the district,
- Identify the para-medical cadres which can be merged and decentralized to lower levels; and
- Design an appropriate training programme for the multi-skilling of doctors/ paramedical staff.


## Selection: The first step

8.1 Past experience indicates that sustained availability of specialists, general duty medical officers and paramedical staff (and their functional competence) holds the key to the functionality of First Referral Units. It is important, therefore, that every health facility identified as FRU is carefully assessed and a district wise priority list is drawn. Annex-III provides a set of formats to facilitate the assessment exercise. These may be suitably modified if considered necessary. Based on this exercise it would be possible to draw the district-wise action plans for operationalising FRUs in a phased manner. Consolidation of the district plans at the state level will thus bring out the consolidated requirements of the State in various areas for operationalising FRUs during the tenth plan.
8.2 Given the general lack of capacity at the district level, one or more teams of experts may be engaged to assist with the process of collection and analysis of data using the suggested formats (Annex-III) for selection, assessment and operationalisation of FRUs. The teams can be constituted by drawing suitable experts from the Directorate, State Institute of Health and Family Welfare and Medical Colleges. The exercise must be taken on priority basis for each district and the consolidated action plan for the State must be prepared.

Number of FRUs reported by the States (1992-97)

| S. No. | Name of the State | FRU (under CSSM) |
| :---: | :---: | :---: |
| 1 | Andhra Pradesh | 92 |
| 2 | Arunanchal Pradesh | 21 |
| 3 | Assam | 76 |
| 4 | Bihar \& Jharkhand | 143 |
| 5 | Chhatisgarh* |  |
| 6 | Goa | 4 |
| 7 | Gujarat | 77 |
| 8 | Haryana | 62 |
| 9 | Himachal Pradesh | 28 |
| 10 | Jammu \& Kashmir | 26 |
| 11 | Jharkhand** |  |
| 12 | Karnataka | 83 |
| 13 | Kerala | 70 |
| 14 | Madhya Pradesh | 163 |
| 15 | Maharashtra | 123 |
| 16 | Manipur | 15 |
| 17 | Meghalaya | 9 |
| 18 | Mizoram | 8 |
| 19 | Nagaland | 13 |
| 20 | Orissa | 65 |
| 21 | Punjab | 56 |
| 22 | Rajasthan | 130 |
| 23 | Sikkim | 6 |
| 24 | Tamil Nadu | 105 |
| 25 | Tripura | 5 |
| 26 | Uttar Pradesh | 242 |
| 27 | Uttaranchal*** |  |
| 28 | West Bengal | 77 |
| 29 | A\&N Islands | 4 |
| 30 | Chandigarh | 2 |
| 31 | D\&N Haveli | 2 |
| 32 | Daman \& Diu | 2 |
| 33 | NCT Delhi | 5 |
| 34 | Lakshdweep | 2 |
| 35 | Pondicherry | 8 |
|  | TOTAL | 1724 |
| *included with Madhya Pradesh ** included with Bihar ***included with Uttar Pradesh |  |  |

## Annexure - II

## Extracts from National Guidelines on Blood Storage Facilities at FRUs

## 1. Requirements

Space : The area required for setting up the facility is only 10 square meters, well-lighted, clean and preferably air-conditioned.
Manpower : One of the existing doctor and technician should be designated for this purpose. They should be trained in the operation of blood storage centers and other basic procedures like storage, grouping, cross- matching and release of blood.
The medical officer designated for this purpose will be responsible for overall working of the storage center.
Electricity : 24 hours supply is essential. Provision of back-up generator is required.
Equipment : Each FRU should have the following :

1. Blood bag refrigerators having a storage capacity of 50 units of blood.
2. Deep freezers for freezing ice packs required for transportation. The deep freezers available in the FRUs under the Immunization Programme can be utilized for this purpose.
3. Insulated carrier boxes with ice packs for maintaining the cold chain during transportation of blood bags.
4. Microscope and centrifuge: since these are an integral part of any existing laboratory, these would already be available at the FRUs. These should be supplied only if they are not already available.
Consumables: There should be adequate provision for consumables and blood grouping reagents. The following quantities would suffice the annual requirement of an FRU with up to 50 beds.

## Consumables

Pasteur pipette
Glass tubes
Glass slides
Test tube racks
Rubber teats
Gloves
Blotting tissue paper
Marker pencil (alcohol based)
Tooth picks

## Quantity

12 dozens / year
7.5 to $10 \mathrm{~mm}-100$ dozens / year

1 "x 2 " boxes of 20 or 25 each / year
6 racks, each for 24 tables
6 dozens / year
Disposable rubber gloves 500 pairs per year
As required
As required
As required

Reagents: All the reagents should come from the Mother Blood Bank.

| Anti-A | 2 -vials each per month |
| :--- | :--- |
| Anti-B | 2 -vials each per month |
| Anti-AB | 2 -vials each per month |

2 -vials each per month

Anti-D (Blend of $\lg M \& \lg G$ )
Antihuman Globulin

## 2 vials each per month

(Polyclonal IgG \& Compliment)
Since quality of the reagents is an important issue, the supplies of these should be made from the same blood bank/center from where blood is obtained. For this purpose, State Governments/Union Territories should provide the additional budgetary requirements to the mother blood bank/center.

## Disinfectants: Bleach \& Hypochlorite Solution - As required

2. Suggested quantities of Whole Blood Units to be available at a Blood Storage Units

5 units each of
A, B, O (Positive)
2 units of
AB (Positive)
1 units each of
A, B \& O (Negative)
This can be modified according to the actual requirement

## 3. Storage \& transportation

Cold chain : It is necessary to maintain the cold chain at all levels i.e. from the mother center to the blood storage center to the issue of blood. This can be achieved by using insulated carrier boxes.
During transportation, the blood should be properly packed into cold boxes surrounded by the ice packs. Ice, if used should be clean and should not come in direct contact with the blood bags.

The blood should be kept in blood bank refrigerator at $4^{\circ}-6^{\circ} \mathrm{c} \pm 2^{\circ} \mathrm{c}$. The temperature of the blood should be monitored continuously.

Storage : The storage center should check the condition of blood on receipt from the mother center and also during the period of storage. The responsibility of any problem arising from storage, cross matching, issue and transfusion will be of the storage center. Any unit of blood showing hemolysis, turbidity or change in colour should not be taken on stock for transfusion.
Due care should be taken to maintain sterility of blood by keeping all storage areas clean.
The expiry of the blood is normally 35/42 days depending on the type of blood bags used. The Medical Officer in-charge should ensure that unused blood bags should be returned to the mother center at least 10 days before the expiry of the blood and fresh blood obtained in its place.
The blood storage centers are designed to ensure rapid and safe delivery of whole blood in an emergency. The detail of storage of packed cells, fresh frozen plasma and platelets concentrate are therefore not given in these guidelines. In case, however, these are required to be stored, the storage procedures of the mother blood bank should be followed.
4. Issue of blood

Patients blood grouping and cross matching should invariably be carried out before issue of blood. A proper record of this should be kept.
First In and First Out (FIFO) policy, whereby blood closer to expiry date is used first, should be followed.

## 5. Disposal

Since all the blood bags will already be tested by the mother center, disposal of empty blood
bags should be done by landfill. Gloves should be cut and put in bleach for at least one hour and then disposed as normal waste.

## 6. Documentation \& records

The center should maintain proper records for procurement, cross matching and issue of blood and blood components. These records should be kept for at least 5 years.

## 7. Training

Training of doctors and technicians, who will be responsible for the Blood Storage Center, should be carried out for 3 days in an identified center as per the guidelines. Training will include :

- Pre-transfusion checking, i.e. patient identity and grouping
- Cross matching
- Compatibility
- Problems in grouping and cross matching
- Troubleshooting
- Issue of blood
- Transfusion reactions and its management
- Disposal of blood bags

The states will have to identify the institutions where training of the staff responsible for running the blood bank is to be held. These could be the blood banks at Medical Colleges, Regional Blood Banks, Indian Red Cross Blood Banks, or any other well setup, licensed Blood Bank, provided they have the necessary infrastructure for undertaking training.
The training will be for three-days duration during which the Medical Officer and the technician from the identified FRUs will be posted at the training institution.
A "Standard Operating Procedures Manual" (SOPM) has been developed and is part of these guidelines. This SOPM will be used as the training material. A copy of this SOPM will be made available to the Medical Officer for use in his Blood Storage Center for undertaking storage, grouping, cross matching and transfusion.
In addition to the training of the above Medical Staff, it is considered necessary that the clinicians who will be responsible for prescribing the use of blood are also sensitized on the various parameters of blood transfusion. For this the "Clinician's Guide to Appropriate Use of Blood" has been developed. It is suggested that one-day sensitization programme for the clinicians may be organized at the District Hospital/Medical College.
Government of India will make the expenditure for the above-mentioned trainings, available as per the norms of training under the RCH Programme. This training will, however, be coordinated by the Training Division of Department of Family Welfare. The states are required to include training as part of the overall State Action Plan for establishing Blood Storage Centers.
Formats to be used for selection of sites
Format - I : Suggested Scoring System for Selection of facilities as FRUs

| Format - I : Suggested Scoring System for Selection of facilities as FRUs |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Include public hospitals at the district headquarters and other public health facilities in the district providing in-patient services and having an operational bed-strength of 30 or more: Sub-Divisional Hospitals, Taluk / Area / Rural / Referral Hospitals and Community Health Centres. |  |  |  |  |  |  |  |  |
| State |  |  | District |  |  |  |  |  |
| S.No. | Name and address of the facility | Scores (refer scoring system given of the botiom) |  |  |  |  |  |  |
|  |  | Location | Geographical suitability | $\begin{array}{\|c\|} \hline \text { Access to } \\ \text { disadvantaged } \end{array}$ | Feasibility to hold workforce people | $\begin{gathered} \text { Bed } \\ \text { occupancy } \\ \text { rate in } \\ \text { recent past } \end{gathered}$ | Availability of private sector providers | $\begin{array}{\|l\|l\|} \hline \text { Total } \\ \text { score } \end{array}$ |
| 1 |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |  |
| 6 |  |  |  |  |  |  |  |  |
| 7 |  |  |  |  |  |  |  |  |
| 8 |  |  |  |  |  |  |  |  |
| 9 |  |  |  |  |  |  |  |  |
| 10 |  |  |  |  |  |  |  |  |
| Scoring system: Assign marks as given below. Assign zero if no criteria is met. |  |  |  |  |  |  |  |  |
| Location |  | 2-iflocated at Sub-divisional / Taluk / Block headquarters <br> 1- not located at Sub-divisional / Taluk / Block headquarters but located on a highway and/or near a railway station |  |  |  |  |  |  |
| General accessibility |  | 2-if location connected with rail and all weather road link <br> 1- if location connected with all weather road link |  |  |  |  |  |  |
| Access to disadvantaged people |  | 2- if located at more than 4 hour travel distance from district headquarter <br> 1 - if located at less than 4 hour travel distance from district headquarter |  |  |  |  |  |  |
| Feasibility to hold workforce |  | 1- iflocation has a municipality or a degree college or a railway station |  |  |  |  |  |  |
| Bed occupancy rate in the recent past (minimum one year) |  | 2 - if average bed-occupancy rate in last 12 months was more than $60 \%$ of operational bed-strength <br> 1 - ifaverage bed-occupancy rate in last 12 months was $40-60 \%$ of operational bed-strength |  |  |  |  |  |  |
| Availability of private sector providers |  | 2-ifno private / charitable/trust hospital functioning at the location |  |  |  |  |  |  |

Format - II : Profile of the district hospital and other public health facilities in the district having
$20-30$ or more (operational) beds. In case of remote areas and North East States $10-12$ beds

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＊The Notification and the DOFW guidelines allow a blood storage facility being set up in an existing room．Provided it has a
minimum carpetarea of 10 square meters．

|  |  |  |  | $\stackrel{\sim}{\sim}$ |  |  |  |  |  |
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Format - III : Human resource summary


Details of Equipment Kit Supplied under CSSM
KIT - F Standard Surgical Set - II


## ©



Forceps, tissue, $6 \times 7$ teeth, Thomas-Allis, 200 mm - ss
Forceps, backhaus towel, 130 mm , stainless steel
Syringe, anaesthetic (control), 10 ml , luer-glass
$\qquad$



## Details of Equipment Kit Supplied under CSSM

| s. No, | Iem Descripion |
| :---: | :---: |
| 1 | Tray, instument/dressing with cover, $310 \times 195 \times 63 \mathrm{~mm}$ |
| 2 | Forceps, backhaus towel, 130 mm , stainless steel |
| 3 | Forceps, hemostat, stright, Kelly, 140 mm , stainess steel |
| 4 | Forceps, hemostat, curved, Kelly, 125 mm , stainess steel |
| 5 | Forceps, tissue Allis, 150 mm , stainless steel, $4 \times 5$ teeth |
| 6 | Knife handle for minor surgery N.. 3 |
| 7 | Knife blade for minor surger, size 11 , pkt of 5 |
| 8 | Needle hypodermic, Luer $22 \mathrm{G} \times 11 / 4^{\prime \prime}$, box of 12 |
| 9 | Needle hypodermic, Luer $250 \mathrm{C} \times 3 / 4^{\prime \prime}$, box of 12 |
| 10 | Needle, suture stright 5.5 cm , ritiagular point, pkt of 6 |
| 11 | Needle, sulure, Mayo $1 / 2$ circle, taper point No. 6 , pkt of 6 |
| 12 | Scissors, ligature, angled on flat, 140 mm , stainless steel |
| 13 | Syringe oncestheic control, Luer - 5 ml , glass |
| 14 | Syringe 5 ml , spare for item 13 |
| 15 | Sterilizer, instument $200 \times 100 \times 60 \mathrm{~mm}$ with burner |
| 16 | Syyinge, hypodermic, Leer 5 ml , glass |
| 17 | Forceps, sterilizer, Cheatle, 265 mm , stainless sted |

Details of Equipment Kit Supplied under CSSM



Details of Equipment Kit Supplied under CSSM
KIT - K $\quad$ Standard Surgical Set - V


| 1 | Forceps, obstetric, Neville-Barnes, W/traction 390 mm |
| :---: | :---: |
| 2 | Hook, decapitation, Braun, 300 mm , stainless steel |
| 3 | Hook, crochet, obsterric 300 mm , Smellie, stainess steel |
| 4 | Bone, forceps, Mesnard 280 mm , stainless steel |
| 5 | Perforator, Smellie, 250 mm , stainless steel |
| 6 | Forceps, cranial, Gouss, straight, 295 mm -ss |
| 7 | Cranioclast, Braun, stainless steel, 365 mm long |
| 8 | Scissors ligature Spencer 130 mm , stainless steel |
| 9 | Forceps sponge holding, 22.5 cm straight - ss |
| 10 | Forceps, tissue, spring-type, $1 \times 2$ teeth, 160 mm , stainless steel |
| 11 | Forceps, tissue, spring-type, serrated tips, 160 mm -ss |
| 12 | Forceps, artery, Spencer-Wells, straight, 180 mm -ss |
| 13 | Forceps, artery, Spencer-Wells, straight, 140 mm -ss |
| 14 | Forceps, scalp flap, Willet's 190 mm -ss |
| 15 | Forceps, VUlsellum, duplay double curved, 280 mm -ss |
| 16 | Forceps, VUlsellum, duplay double curred, 240 mm -ss |
| 17 | Catheter, urethral, 14 Fr . solid tip, one eye, soff rubber |
| 18 | Holder, needle, Mayo-Hegar, narrow jaw, straight, 175 mm -ss |
| 19 | Speculum vaginal bi-valve, Cusco-medium, stainless steel |
| 20 | Speculum, vaginal sim's double-ended, size \# 3-ss |
| 21 | Forceps, backhaus towel, 130 mm , stainless steel |

Details of Equipment Kit Supplied under CSSM
KIT - L Standard Surgical Set - VI


Details of Equipment Kit Supplied under CSSM
KIT - N Equipment for Neo-natal Resuscitation
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$\square$

$\square$
 S. No Item Description

$$
\begin{aligned}
& \text { Rod, flint-glass, } 1000 \times 10 \mathrm{~mm} \text { dia, set of two } \\
& \text { Cylinder, measuring, graduated W/pouring lip, glass, } 50 \mathrm{ml} \\
& \text { Bottle, wash, polyethylene W/angled delivery tube, } 250 \mathrm{ml} \\
& \text { Timer, clock, interval, spring wound, } 60 \text { minutes } \times 1 \text { minute }
\end{aligned}
$$

Rack, slock, interval, spring wound
Tray, staining stainless steel $450 \times 350 \times 25 \mathrm{~mm}$
Tray, staining, stainser, counting, glass, double neubaver ruling
Pipette, serological glass, $0.05 \mathrm{ml} \times 0.0125 \mathrm{ml}$
Pipette, serological glass, $1.0 \mathrm{ml} \times 0.10 \mathrm{ml}$
Counter, differential, blood cells, 6 unit
Centrifuge, micro-hematocrit, 6 tubes, 240 v , 12
Tube, capillary, heparinized, $75 \mathrm{~mm} \times 1.5$
Lamcet, slood (Hadgedorn needle) 75 mm pack of 10 ss
Benedict's reagent qualitative dry components for soln
Benedict's reagent qualitative dry components for sol
Pipette measuring glass, set of two sizes $10 \mathrm{ml}, 20 \mathrm{ml}$
ipette measuring glass, set of two sizes $10 \mathrm{ml}, 20 \mathrm{~m}$
Kit

Details of Equipment Kit Supplied under CSSM
KIT - P Materials Kit for Blood Transfusion

| S. No. | Item Description |
| :---: | :---: |
| 1 | Bovine albumin $20 \%$ testing agent, box of $10 \times 5 \mathrm{ml}$ vials |
| 2 | Centrifuge, angle head for $6 \times 15 \mathrm{ml}$ tubes, 240 volt |
| 3 | Bath, water, serological, with racks, cover, thermostate, 240 v |
| 4 | Pipette, volumetric, set of six $1 \mathrm{~m} / 2 \mathrm{ml} / 3 \mathrm{ml} / 5 \mathrm{~m} / 10 \mathrm{ml} / 20 \mathrm{ml}$ |
| 5 | Test-tube without rim $75 \times 12 \mathrm{~mm}$ HRG |
| 6 | Test-tube without rim $150 \times 16 \mathrm{~mm}$, HRG |
| 7 | Cuff, sphygmomanometer, set of two sizes - Child/Adult |
| 8 | Needle, blood collection disposable, 17G $\times 1-1 / 3$ box of 100 |
| 9 | Ball, donor squeeze, rubber, dia, 60 mm |
| 10 | Forceps, artery, Spencer-Wells, straight 140 mm , stainless steel |
| 11 | Scissors, operating, straight 140 mm , blunt/ipoints, ss |
| 12 | CPDA anti-coagulent, pilot bottle 350 ml for collection |
| 13 | Microscope, binocular, inclined, $10 \times 40 \times 100 \times$ magnificant |
| 14 | Illuminator for item 14 (microscope) |
| 15 | Slides, microscope, plain $25 \times 75 \mathrm{~mm}$, clinical, box of 100 |

